



Execution is our Passion

# VegNutro-OFA (Omega-3)

OMEGA  
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# Vegnutro-OFA (Omega-3)

We SK Mineral & Additives Pvt. Ltd. have manufactured VegNutro-OFA (Omega-3) which is 100% vegan. It contains three main omega-3 fatty acids as alpha-linolenic acid (ALA), eicosapentaenoic acid (EPA), and docosahexaenoic acid (DHA).

VegNutro-OFA fatty acids are often referred as an essential fatty acid (EFA) or polyunsaturated fatty acid (PUFA). EFA's make up at least 60% of the mass of our brains. These are called essential because our bodies cannot produce these from other nutrients. They must therefore be obtained from either diet or supplements.

## Advantages of VegNutro-OFA (Omega-3)

- ◆ VegNutro-OFA is needed as basic elements of our cell membranes. It control the inflammatory response which control pain and the spread of disease. It also mediate their immune response, control hormone production and regulate nerve transmission.
- ◆ VegNutro-OFA fatty acids are important for brain and cognitive health, therefore critical to the structure and function of neuronal membranes. The communication between various nerves could not occur in a normal way without Omega-3 fatty acids. As a result, just about every brain condition would benefit from optimal levels of DHA and EPA.

## VegNutro-OFA Uses

- ◆ VegNutro-OFA also provide calories for body energy and have many functions in your heart, blood vessels, lungs, immune system, and endocrine system (the network of hormone-producing glands).
- ◆ VegNutro-OFA fatty acids are anti-inflammatory so it would stand to reason that EPA and DHA would be of help in both the prevention and treatment of cardiovascular disease.

### Storage:

Vegnutro-OFA (Omega-3) is sensitive to air, heat, light and humidity.  
Store at a temperature below 15°C.